

Hopwood Hall College

# Hairdressing & Barbering

Pre-Enrolment



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## Preparing for College: A message from the Principal:

Thank you for applying to study at Hopwood Hall College. We look forward to welcoming you soon. We want to help make sure that you are as well prepared as possible so that you feel at home here from day one.

We understand that the transition from school to college can be daunting but there's no need to worry! We have plenty of pre-enrolment activities which will help to prepare you and make your transition as smooth as possible.

Before you join the College in September, we want you to begin to develop your skills. We have brought together some subject-specific information, signposting to helpful reading and relevant websites and some activities for you to complete.

Don't worry if you get stuck on anything, just try to complete as much as you can. In the meantime, if you have any questions, please contact our Student and College Services Team on 0161 643 7560 who will be happy to help.

**I look forward to welcoming you to your college very soon.**

**Julia Heap**  
Principal and Chief Executive



## Meet the Team

### Anna Lockwood

#### Hairdressing Tutor

**Fact One** - I left school aged 16 and came to Hopwood Hall College (It was called Rochdale College at the time) to study Hairdressing.

**Fact Two** - I left my course after 2 months to start an apprenticeship at Gregory Couzens, a Rochdale salon which is one of the longest established salons in the area, it's now been open for over 35 years.

**Fact Three** - I started teaching aged 25, which is a long, long time ago

My apprenticeship was hard work. The days were very long and often without proper breaks. The job could consist of cleaning, doing laundry, to running errands for senior staff and my first wage as an apprentice was £29 per week, yes PER WEEK!!!! This hard work paid off because you were learning skills off a wide range of experienced hairdressers and in addition to this attending college one day a week to gain a qualification.

So after a few years I experimented with different employment opportunities, I rented a chair and did a bit of mobile and went back to college to do Advanced Hairdressing (this is what is now Level Three in Hairdressing). I got student of the year then too! I have always had a passion to become a teacher in the hairdressing industry. I became a full time teacher in 2003 for Hopwood Hall College, I have previously taught at Bolton and Bury College. I teach Level Two and Three Hairdressing and the hair units in Media Make up.

Some students I have taught have gone on to run their own salons and run successful businesses, some have moved abroad or worked on cruise ships. It is an excellent feeling when students come back and let us know how well they are doing.



### Charlie McNulty

#### Hairdressing Tutor

**Fact One** - For as long as I can remember I wanted to be a hairdresser. People used to ask me when I was a little girl.... 'what do you want to be when you grow up Charlotte?' A hairdresser was always my answer. I always have and always will love it!

**Fact Two** - I worked hard to achieve my GCSE's and was encouraged to take AS levels, which I did- however my goal was still to begin my hairdressing training. Once I began my career I wanted to learn everything and be the best I could.

**Fact Three** - Having always had a passion for hairdressing and enthusiasm for training, in 2017 I decided to enroll at university where I achieved my teaching qualification which would allow me to inspire and train others.

Throughout my career I have worked in two local salons, from both of which I have wonderful memories.

I have been involved in photographic shoots, competitions and continuous training to upskill. I have managed salons and run my own business.

Since my hairdressing journey began I have come across many changes, all of which bring me to where I am today. At home I am a wife and mum and at work I get to do the job that I love - Hairdressing Lecturer, here at Hopwood Hall College teaching Level One and Level Two Hairdressing.

Students that I have taught have progressed within the Hair and Beauty department to continue their training, some have gone on to work in salons and some have started their own business.



### Jessica Buckley

#### Hairdressing Tutor

**Fact One** - I started working as a Saturday girl at age thirteen, in a salon called New Image. I used to earn £10.00 for the day and an average of £3.00 in tips. I left school with minimal GCSE's but enough to get by. I started an apprenticeship completing business administration but soon dropped out. My dad didn't want me to study hairdressing as he didn't consider it to be a career and presumed I would drop out also. I ended up working full time as a credit controller.

**Fact Two** - At twenty years of age I fell pregnant and after returning back to work I decided I wanted to go back to college to fulfil my dream of being a hairdresser. During my Level Three Hairdressing I had my second child. I took the Christmas break off and returned in January to continue with my learning as nothing would stop me achieving my goal.

**Fact Three** - I started working at a little salon called Blush where I met Stacia Temples. We worked together for many years until the business was closed. The salon had such a great atmosphere which is important to have and maintain. During my time there I started to complete my assessors' course and straight after that I went back into education to complete my Certificate in Education. Whilst doing my food shop in Morrisons I got a call about a job that had been advertised at Hopwood Hall College in Rochdale. I applied, had the interview and I GOT THE JOB!!!!!! And I have loved every minute of it, the staff and the students make it an amazing and rewarding place to work.



Many of the students we have taught have gone on to work at salons and have really succeeded in the industry which is great to see. Some learners have taken a year out and are planning to return to college to further develop their skills which is also amazing and that their love for the industry is as strong as ours. I look forward to supporting and encouraging learners every year to be their best and to achieve their personal goals. It really is a great job.

### Stacia Temples

#### Salon Hairdressing Instructor

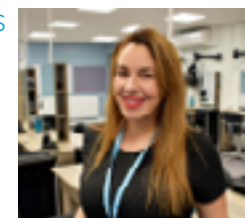
**Fact One** - I owned my first salon at the age of 21

**Fact Two** - I have 2 daughters, my eldest daughter has special needs

**Fact Three** - I have worked for Vivienne Westwood and Victoria Beckham doing hair for fashion shows.

I have been hairdressing for over twenty years. I got my first job as a Saturday girl and went on to study Level Two and Three at an academy in Manchester city centre. I then opened my own salon close to the city when I was twenty one years of age. After several years of being a salon owner I went in to fashion working for Selfridges. I worked with lots of celebrities and amazing designers, during this time I did hair for the television awards, photo shoots for Hello magazine and lots more exciting projects.

In 2017 I decided I wanted to share my passion for hair and started a teaching qualification at Hopwood Hall College and that's how I ended up here. This new chapter in my hairdressing journey has been the best part of my career in hairdressing so far and I have been inspired by so many amazing students and colleagues.





## Hayley Poles

### Riverside Salon Hairdressing Instructor

**Fact One:** At Primary school aged 10 my class did an activity... when I'm older I want to be.... There were lots of I want to be an air hostess, a hairdresser, a pop star... I stood up and said I wanted to be a model in a newspaper!!!! I meant in a magazine.. on a catwalk...anything but that!!!



The concerned teacher called my mum and dad in, after much embarrassment from everyone the mistake was cleared up, we have looked back and laughed about it many times and I'm sure the teacher has too! Anyway I quickly changed from thinking I was going to be the next Cindy Crawford to a career I absolutely love.... Hairdressing.

**Fact Two:** I left school in 1994 and went straight onto the Hair And Beauty course at Hopwood Hall College (it was a combined course then). The course did become a little too much for a lot so was changed to either Hair or Beauty.. of course I chose Hairdressing. Although Hairdressing was my passion I surprisingly took myself off to Rome, Italy to be an Au Pair for a family, they were journalists and had a little girl who was two. Fearing I didn't have enough experience (I did have some as I have lots of godchildren but I put on my handwritten CV that I regularly cared for five children at once and sent it off by fax). In actual fact I was a waitress in a bar where the owner had five children, not sure how I thought serving food downstairs classed as looking after them five children!

I did get the job but this little bend of the truth quickly taught me a lesson as I was then in a foreign country...alone and quite unsure of what I was doing however thankfully for the family I quickly learnt and still remain in touch with them

on social media, the little girl is now 26 and looks back on our time together fondly which is lovely as I literally learnt on the job! I will always appreciate the opportunity of that experience as I hold lots of lovely memories...Oh and I met the Pope!

**Fact Three:** After returning home from Italy I had my first child at the age of 21, I then passed my driving test... became an official adult and worked mobile to work around family life. I then had my second child at 25 and added a part time job as a waitress to my busy life. I then began working at a salon called Cobellos until 2007 when I opened my own little salon within a local sunbed establishment.

I enjoyed every minute of building up my own business until I then had my third child and it just became too much so I made the choice to close and returned to Cobellos part time. It was around this time I started thinking about working in further education so I began my studies. During my work experience with Anna at Hopwood Hall the Riverside Salon Instructor role became available and I've never looked back, there is so much reward passing on knowledge and skills to learners and watching them grow.

Unfortunately in August 2018 I became poorly and required treatment and surgery that would keep me off work until August 2019, all I wanted was to get back to what I loved doing with an amazing team and brilliant learners, however unfortunately my return was short as my dad became poorly and I had to be off work again from November, he sadly passed away just before Christmas, yes it's been difficult but on a positive note here I am and I'm looking so forward to being back with you all when the world as it is now returns to normal.

## Elise Norbury

### Hairdressing Technician

**Fact 1** - I started Studying Hair and Beauty at the age of 14 alongside school and when on to start an apprenticeship at 16.

**Fact 2** - I had to re-sit my English GCSE 3 times after leaving school as I was always better at maths but with hard work I finally passed 3rd time.

**Fact 3** - Working in the hair and beauty industry is all I have ever wanted to do, with working in a college a path I really wanted to take passing on my knowledge and experience is something I love doing.

I have worked in 4 different salons over the years. Fusion Hair is where I started my journey at 16. Moving on to Jamilla Pauls Rochdale when I was 17 here I took part in shows and competitions all over the country and got to work with some big brands and stylist such as Wella and Alan Beak from Ruger barbering, after the salon closed I went to work in a Manchester salon based near the palace theatre where there clientele ranged from actors in Mary Poppins and Sister Act, Coronation Street and Emmerdale bloggers and local fusion designers and the boys from Blue.

At the age of 21 I decided to come back closer to home and go self-employed. I then had my little girl and after running a business and being a mum, I decided I would follow a path I have always wanted to and apply to join the wonderful Hopwood Hall team.



## Zoe Staniczenko

### Programme Manager

**Fact 1** - When I was at school I wanted to be in the army, and I did my work experience at an army airfield working on helicopters. I stayed there for the week and really enjoyed the experience but soon realised I didn't like getting my hands dirty as it chipped my nail polish and I wouldn't be able to wear make-up for work which was also a passion of mine.

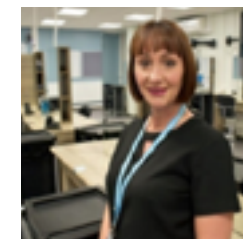
**Fact 2** - I trained as a student at Hopwood Hall College in 1995- 1997 and studied NVQ Level Two and Level Three Beauty Therapy. I returned to HHC in October 2019 as I got the position of Programme Manager in Hair and Beauty as the tutor who taught me retired. It was fantastic to come back where I started my training twenty-five years ago and to take over the person that taught me my skills to become a beauty therapist.

**Fact 3** - Making mistakes is all part of learning. One of the biggest mistakes I made whilst working in a salon was that I accidentally dropped a lash tinting brush, with black lash tint on, onto my client's blonde hair! After the treatment I had to tell her she had a black patch on her hair which will eventually wash out in about four weeks! After that I always thought about the positioning of my brush so it didn't happen again.

### Career history

When I left college, I opened my own salon in a gym and became self-employed for 18 months. The gym closed so I then went on to work in several hair and beauty salons in the Rochdale area for about eight years. I loved my job and the fact that I could make my clients feel happier and better about themselves made me more passionate about the industry I still work in today. My favourite treatments in the salon were facials and waxing.

I then decided to train as a teacher at Manchester University and I completed my



teaching placement at Oldham College. I then continued to work there for the next seventeen years, teaching Beauty Therapy to level one, two and three students. Whilst teaching, I continued to learn and went back to college a few times to learn new treatments such as semi-permanent make-up and barbering.

I then got the opportunity to work at Hopwood Hall and to manage the department I trained in. I am so happy to have been able to return to the place where I started my journey as a beauty therapist and to pass on my skills, knowledge and experience to all our students in Hair and Beauty.

Some of my previous students have gone on to open their own successful salons, one even opened her own laser clinic, others have gone onto cruise ships and spas. But what is really nice to see are the ones that have followed the same path as me and have gone into teaching. Today, I am really proud to work alongside two of my former students here at Hopwood Hall College.

So here you are, about to embark on a new chapter at Hopwood Hall. Let us find out a little more about your course.

## Your Study Programme

As a student at Hopwood Hall college you will be enrolled on a Study Programme, all aspects of this programme count towards your achievement, progression and future destination.

- The study programme consists of:
  - \* Vocational pathway (Hairdressing or Barbering)
  - \* Riverside Salon Shift (full time only)
  - \* Maths and English (if required)
  - \* ILearn (exception is Level 1 and Part-time courses)
  - \* Tutorial Sessions (Covering personal development and employability)
  - \* Work Experience or an Industry Placement

Within your Vocational subject sessions, you will gain the skills required for you to achieve your qualification and prepare for industry. To pass each unit you will be required to undertake both practical and theory assessments. Theory assessments are Assignments (Level 1 only) and online Examinations. All practical assessments are carried out in Riverside Salon.

## Welcome to Riverside Salon

Welcome to the Riverside Hair, Beauty and Make-up salon.

This is Hopwood Hall Colleges fully functioning and commercial salon, that is open to the general public.

This is where you as students will complete practical sessions each week. These sessions will consist of lots of fun and interactive work. Providing treatments for clients, reception duties and practical assessments.

The salon is a great way to help prepare you with the skills you need for an amazing future and career within this industry.

We use the latest products and equipment and encourage knowledge of the brands and current techniques.

You will have a chance to take part in product education, guest speakers and lots of really interesting extra activities. Continuously developing employability skills.



## Students' work

At the Riverside we are extremely proud of our students work, we regularly post pictures and videos on social media, showing just how amazing you all are.

There will be lots of experiences where you can show your creative side.

We fully promote Equality and Diversity in our salon and celebrate differentiation, we understand that in this industry it is important for you to show who you are through your work and creativity.

During your sessions in the salon we always encourage teamwork and maintain a professional atmosphere.

All the staff will help you grow in confidence and develop practical skills.

We look forward to meeting you all in September, as you embark on this amazing course.

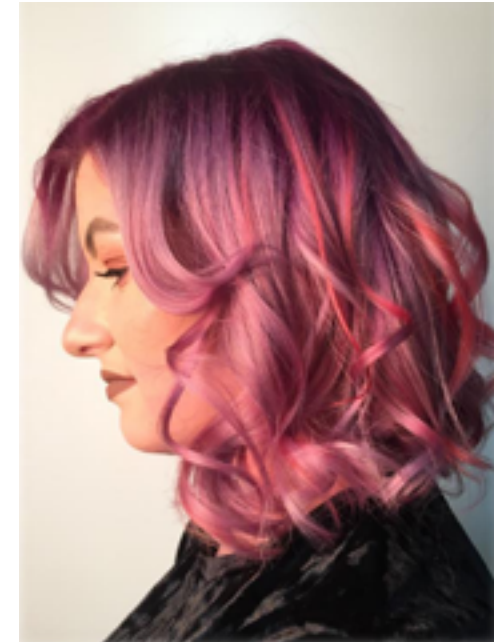


## Xposure Competition

Xposure is a Hairdressing Competition organised by Wella every year. There are over 500 entries from colleges across the country.

This year, level 3 student Hannah Nattress has got through to the semi-finals with her creative colour. You can see from the pictures the amazing transformation.

Here at Hopwood Hall you will be mentored and encouraged to take part in Competitions.





## Interactive Resources

At Hopwood Hall College we work closely with the brand Wella.

Below are some links to tutorials and professional profiles who work within the industry.

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Below are some links to tutorials and professional profiles who work within the industry.



- Hairbrained
- Patrick Cameron Hair
- Hairdressers Journal



- Modernsalon
- Haircome\_
- Theweddinghaircompany
- wesdoeshair



- @ProHairMag
- @WellaPro
- @BaByliss



Hopwood Hall College - Riverside Salon



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## Hairdressing-Have a go...

As you are on your way into the world of hairdressing you will be eager to learn and practice some new skills. Here is a 3-strand plaiting technique.

Why not ask a friend to be your model and see if you can give it a go?

(Take some pictures of your work and show them to your Tutor when you join us for induction).

### How To Plait.

#### Three-strand Braid - Step By Step Method.



1.

Hold 2 strands of hair in your right hand and the third strand in the left

The right hand palm should be facing upwards.

2.

Turn the right hand over, so the palm is now facing down.

The far right strand (C), is now in the middle.  
The middle strand (B), is now on the right.  
Strand (A) has remained in the same position.



3.

Switch the middle strand (C), over, from the right hand to the left hand.

The left hand should now hold sections A and C.  
The left hand palm should be facing upwards.  
The right hand should be holding section B.



Turn the left hand over, so the palm is facing down.

## Barbering – Have a go...

As you are on your way into the world of Barbering you will be eager to learn and practice some new skills.

Use the link below.

Watch the styling videos.

Why not try to recreate some of the techniques used. Ask a friend to be your model and see if you can give it a go?

(Take some pictures of your work and show them to your Tutor when you join us for induction).

[www.londonschoolofbarbering.com/basic-tips-styling-mens-hair/](http://www.londonschoolofbarbering.com/basic-tips-styling-mens-hair/)



## Word Search - Cutting Hair

Find and highlight the words in the word search. There are 17 words to find.

D J W O R P N G B G T A F D Q S C C X L  
T E X I X O N I R R Y U X N K P K N G A  
T J N F Y I E A O P R N V A P U P J D F  
U E V S R S D H T T K T P H I T Z T K S  
H B X E I U S C O M B Q W E L A N E D A  
E T P T A T V E E R A C R E T F A X D L  
O A G T U Q Y B L A X L I R M C M T N Z  
T K I N P R S P A Y I R A F W G Q U I B  
B O K N E C I I S E E C I V D A R R M L  
N Y K I I L C Z T H I N N I N G L E T Z  
Z F L S Z S U M I L Q J C C O G Q O C B  
P K S X V E M K C N S D U C K X S Y N B  
M O N Z Y G S A I F G E E A Q C S X S G  
R Y C K P M P G T T I B R R O C N V J U  
B U E P M D R H Y C P A F U Q B R M R A  
Y L P U G A A V T S V Y Q M T L J W O E  
Y L K K B Q H I K Z K T Y D V A X K E S  
R F T O U F S W V E U M K O Q C E E M I  
Y D H T C O S A D G G L V Q I A B F H G  
V J M P Z D L C T Q D D R T C G K P W I

ADVICE

AFTERCARE

ELASTICITY

COMB

FEATURES

DENSITY  
FREEHAND GRADUATION

LENGTH

LONG

SCISSOR

SHORT

TAPERING

SHARPS  
TEXTURE

TEXTURIZING

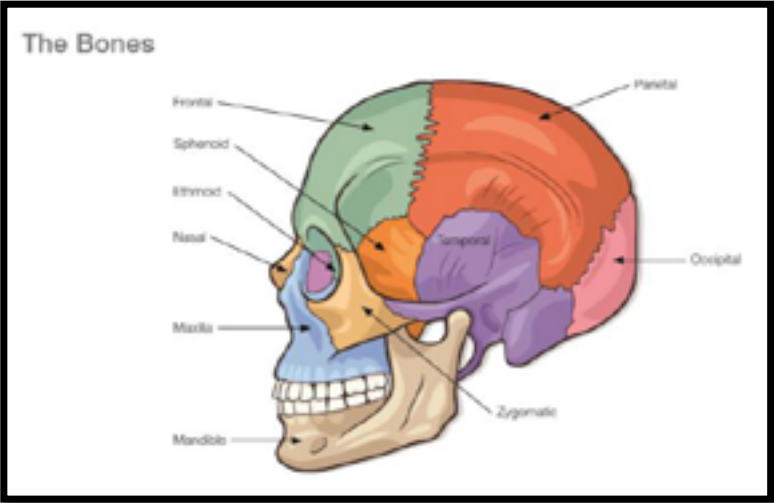
THINNING



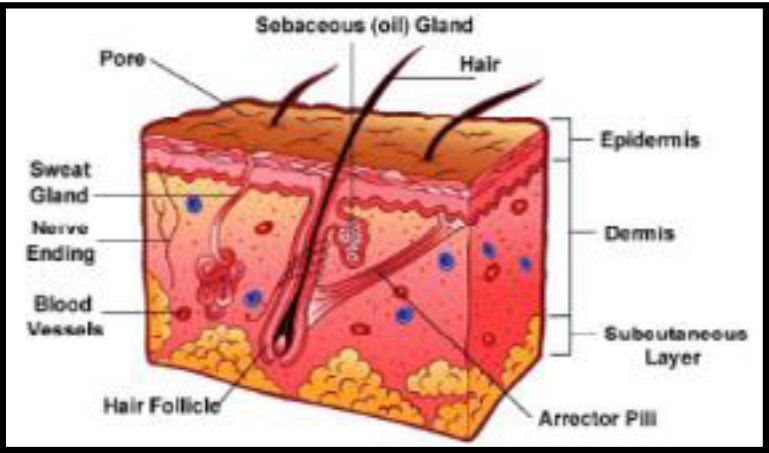
Useful Resources

Your job as a Hairdresser or Barber will be to transform people's hair using creativity, imagination and skill. In order to be able to do this you will need to know about of the head, face and hair; not just what we all see on the outside, but the inside too!

The Skull:



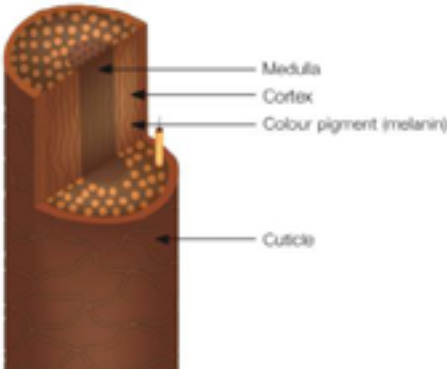
The Skin:



The hair:

The following diagram explains the structure of the hair.

The hair is made up of three layers: Cuticle (outside layer), Cortex (main body) and Medulla (center). The hair's colour pigment (Melanin) is within the Cortex.



\*To help you remember the three layers of the hair- think of a pencil.

The Cuticle is like the Varnish/coating the outside, the Cortex is like wooden part, the main body of the pencil and the lead is like the Medulla in the very centre.

All about You!

To start your College journey, we want to know all about you. Bring your answers with you to induction week!

My Name is: .....

Preferred Name: .....

I want to be a hairdresser/barber because

.....  
.....  
.....  
.....

My hobbies are: .....

.....  
.....  
.....  
.....

What do you hope to achieve throughout your time at Hopwood Hall College?

.....  
.....  
.....

Achievements and success: .....

.....  
.....

Favorite Film:.....

Favorite Book:.....

Favourite Song:.....