

Hopwood Hall College

Health & Social Care L1

Pre-Enrolment



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Our Vision:

Bringing out
the best in you!

Our Values



Preparing for College: A message from the Principal:

Thank you for applying to study at Hopwood Hall College. We look forward to welcoming you soon. We want to help make sure that you are as well prepared as possible so that you feel at home here from day one.

We understand that the transition from school to college can be daunting but there's no need to worry! We have plenty of pre-enrolment activities which will help to prepare you and make your transition as smooth as possible.

Before you join the College in September, we want you to begin to develop your skills. We have brought together some subject-specific information, signposting to helpful reading and relevant websites and some activities for you to complete.

Don't worry if you get stuck on anything, just try to complete as much as you can. In the meantime, if you have any questions, please contact our Student and College Services Team on 0161 643 7560 who will be happy to help.

I look forward to welcoming you to your college very soon.

Julia Heap
Principal and Chief Executive



Freddie is a 10-year old young boy who has experienced severe childhood trauma. When he was 4 years old, he lost his parents in a house fire. Since his loss he has lived with his grandparents and has not spoken since. He communicates through a range of imagery, signs and symbols.

Your Passport must include:

- This should be colourful and practical.

An illustration of two stylized, grey, rounded figures standing and facing each other. A large yellow speech bubble is positioned between them, containing the word "Communicate" in a bold, black, sans-serif font. The background is a light grey and white checkerboard pattern.

Additional information


Communication Passport

Name _____


Age _____

Class _____


tes
TECHNOLOGY EDUCATION SERVICES






I live with...




Things that make me anxious

 Things that make me angry

 My friends are...

 Things I like 

 Things that make me sad

 Things that make me happy

 Things I don't like 



What is Makaton?

Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression.

Being able to communicate is one of the most important skills we need in life. Almost everything we do involves communication; everyday tasks such as learning at school, asking for food and drink, sorting out problems, making friends and having fun. These all rely on our ability to communicate with each other.

With Makaton, signs are used, with speech, in spoken word order. This helps provide extra clues about what someone is saying. Using signs can help people who have no speech or whose speech is unclear. Using symbols can help people who have limited speech and those who cannot, or prefer not to sign.

For those who have experienced the frustration of being unable to communicate meaningfully or effectively, Makaton really can help. Makaton takes away that frustration and enables individuals to connect with other people and the world around them. This opens up all kinds of possibilities.

You will find a booklet we have sent which is used to assist people with Health and Social Care communicating. There are some picture cards which can be used but also some Makaton signs for you to try.

If you would like to learn more about this method of communication to help you in your health and social care career there are some contact details in the footer.

Regional Makaton Tutor: helenwhaling@sky.com


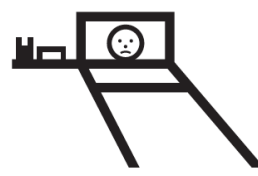


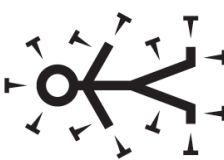

07585 229028

Facebook 'Helen Whaling Makaton Regional Tutor'

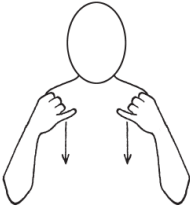
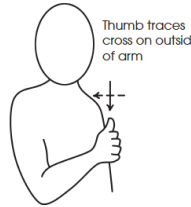



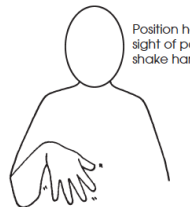


Healthcare Cards

The following Makaton Symbols and Signs have been selected to use as a prompt. The symbol and sign will be printed back to back; they should then be laminated and then attached to a ring for quick reference.

	
Nurse	Ill
	
Doctor	Tablet
	
Pain	Medicine









 <p>III</p>	 <p>Thumb traces cross on outside of arm</p> <p>Nurse</p>
 <p>Index finger draws very small circle on palm</p> <p>Tablet</p>	 <p>With index finger and thumb, mime taking pulse</p> <p>Doctor</p>
 <p>Stir medicine: little finger makes circular movement just inside the top of non-dominant fist</p> <p>Medicine</p>	 <p>Position hand at sight of pain and shake hand</p> <p>Pain</p>

2

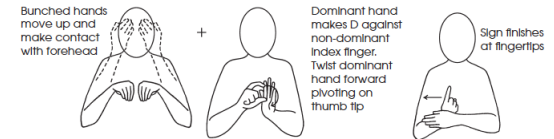
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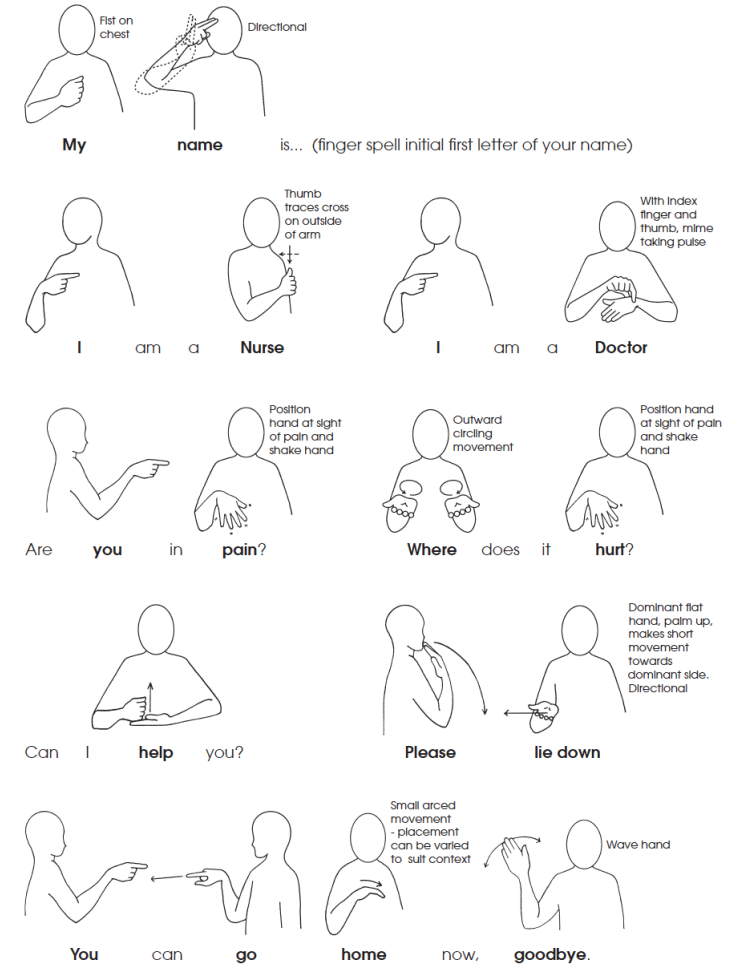
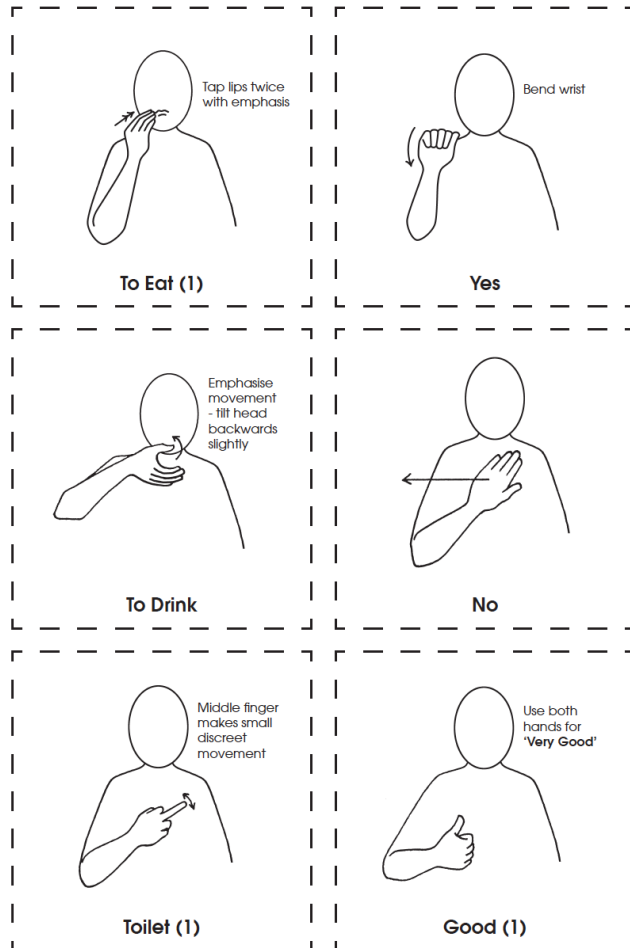
 <p>Yes</p>	 <p>To Eat (I)</p>
 <p>No</p>	 <p>To Drink</p>
 <p>Good (I)</p>	 <p>Toilet</p>

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Learning Disability Week



Jobs and goals

Name:

Think about two jobs that you would like to do in the future and write them in the box below

My career (job) goals

Now you need to describe how you are going to achieve your personal goals e.g. working hard at college etc.

I am going to achieve my career (job) goals by ...

What do you think might stop you achieving your personal goals?



Public Health (L1)

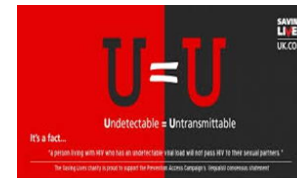
Tackling health inequalities to make our communities healthier and to make us live for longer



Public health agendas are so important for our communities, as they help us to reduce health inequalities within our communities and supports us to make healthier choices and to live longer. Some of our communities have lower health outcomes because there are more health inequalities relating to their environments. Those living in areas of where they are least deprived live 20 years longer than those who live in environments where health inequalities are more prevalent.



The government understands that health inequalities exist within communities and works hard to put Public Health agendas in place to protect and promote the health of individuals within our communities. The government also uses health campaigns to raise awareness around certain health issues or practices which can influence poor health. Change for Life, Dry January, Be clear on Cancer and Undetectable = Untransmittable are examples of campaigns that have been created on a national and international level to



address health inequalities, to educate those in hard to reach areas and to challenge stigma. By educating our communities on certain topics, we are able to make informed choices about our health. This will lead to individual making healthier choices and to live healthier lives. Some communities may have poor access to

health services and as such may not be able to access health awareness materials that tell them about how to make healthier choices. This is why the government likes to implement government campaigns; so that everyone can access the information, support and help required to tackle health inequalities.

Task One - Words associated with public health

Below look for the words which relates to public health and mark it off when you have found them.

P	D	O	P	S	S	A	L	C	N	A	E	D	N
O	P	B	D	I	E	T	I	O	I	G	O	M	O
L	C	E	L	P	Y	E	I	E	I	E	Y	O	I
L	I	S	D	E	R	T	I	N	Y	N	H	R	T
U	L	I	T	E	A	E	E	E	A	D	E	B	A
T	B	T	R	L	T	Q	V	E	T	A	A	I	V
I	U	Y	U	E	U	R	I	A	O	N	R	D	I
O	P	P	A	A	C	E	I	E	L	E	T	I	R
N	O	R	L	C	I	N	A	M	D	E	N	T	P
P	R	I	N	A	A	P	A	E	E	I	N	Y	E
A	T	S	E	E	I	M	C	C	O	N	L	C	D
Y	B	M	O	R	T	A	L	I	T	Y	T	S	E
A	I	S	O	A	E	S	A	E	S	I	D	S	A
T	L	R	L	N	A	D	T	I	I	N	E	E	P

INEQUALITY
PUBLIC
PREVALENCE
AGENDA
MORTALITY
MORBIDITY
OBESITY
POPULATION
DETRIMENTS
DEPRIVATION
POLLUTION
DIET
CANCER
HEART
DISEASE
CLASS

Look up the following words and give an outline to their meaning.

Diet	
Cancer	
Social Class	
Pollution	

Task Two - Research the following campaigns and state what year they were introduced?

Dry January _____

Heads Together _____

World Aids Day _____

Change for Life _____

Time to Change _____

Stoptober _____

Movember _____

5 A Day _____

Drink Aware _____



Find the missing words to each sentence

- 1 - 5 a day is about making individuals to have fruit and _____
- 2 - Dry January is about not consuming _____ for a whole month
- 3 - Drink Aware helps to see how much alcohol an individual consumes such as 14 _____ a week.
- 4 - World Aids Day is an opportunity for people worldwide to unite in the _____ against HIV
- 5 - Movember is an annual event involving the growing of _____ during the month of November to raise awareness of men's health issues

Fight, Alcohol, Vegetables, moustaches Units,

Task Three - Let's play a quiz

Answer the following questions and check your answers at the end.

1 - The NHS was introduced in what year		
A 1949	B 1948	C 1914

2 - Those living in more deprived areas are more likely to consume more alcohol and drugs	
A True	B False

3 - Morbidity rates means the following:		
A Illness rates	B Death rates	C Chronic Health

4 - Consumption of alcohol is linked to how many deaths in the UK during 2019		
A 4,321	B 7,551	C 8,911

5 - Looking at other EU countries with large populations, France, Italy and Spain have all seen their life expectancy increasing at a faster rate than ours.	
A True	B False

6 - In England, it is estimated to have an effect equivalent to how many deaths every year.		
A 23,000	B 25,000	C 31,000

7 - Those educated in the south tend to achieve C or above in English and Maths	
A True	B False

8 - How many individuals are living with dementia in the UK?		
A 820,000	B 850,000	C 900,000

9 - The amount of HIV diagnosis has dropped by what percentage since 2016?		
A 8%	B 28%	C 34%

10 - How many individuals are estimated to be obese in Wales?		
A 20,000	B 452,000	C 600,000

Task Four - What campaigns match up with the description

Match the public health campaign to the correct description

5 a Day	Supports people to give up smoking.
Change for Life	This promotes individuals to eat at least five fruit and vegetables a day.
Stoptober	Helps children and adults who have drug issues
Frank	Helps families to make different choices to their food consumption and promotes ways of improving their exercise.